



## SMALL GROUP LEADER GUIDE

### EMOTIONS WEEK 4 WHAT WILL MAKE ME HAPPY?

### Small Group Welcome

1. **Introduce** yourself, and **welcome** new kids by name.
2. Kids **share** what happened during the past week.
3. **Check up** on past week's prayer requests and events.
4. **Discuss** the welcome question: **If your friends helped you make a video, what would it be about?**

### Small Group Activity

#### You'll Need

<b>Per Kid</b>	1 party hat 1 James 5:13 label
<b>Per Group</b>	1 set of markers

#### After Activity

<b>Kids Keep</b>	1 hat with 1 James 5:13 label stuck on it
<b>You Keep</b>	Markers ( <i>save for later use</i> )

#### To Do

**Say:** When we choose to follow Jesus, our sins are forgiven, and we're made friends with God! That can fill us with joy, no matter what's going on!

1. **Show** your small group the party hats.

**Say:** These hats are for partying! Let's decorate them to remind us to sing praises to God and be full of joy!

2. **Give** each kid a party hat and a James 5:13 label.
3. Kids **place** their label on their hat and **decorate** it with markers.

## Small Group Discussion (After Video Lesson)

Say the point and Bible verse together.

Lots of things might make me happy, but only God can give me joy

James 5:13 NLT

... *Are any of you happy? You should sing praises.*

1. **What does it mean to sing praises about God?**  
*Talk about His love, power, strength, thank Him, etc.*

Choose a few review questions.

1. **When do you feel the happiest?** *Answers will vary.*
2. **What do you think people like about feeling happy?** *Answers will vary.*
3. **What do you think is the difference between being happy and having God's joy?** *Answers will vary. Ideas: Happy is about good things happening, happy only lasts a little while; joy is about how good God is, you can have joy even when bad things are happening, etc.*
4. **How can you have joy even when the things around you are not happy?** *Pray, thank God for the good things He's done, remember Jesus forgives and God's always good, etc.*

Choose an action step question.

1. **Share some ways you can praise God when you're happy this week.** *Write about it, tell someone about it, dance for God, sing for God, high five and give hugs, draw about it, etc.*
2. **What can you do to help someone who isn't happy?** *Answers will vary.*

Pray together.

1. **Ask** kids to share things they'd like to pray about.
2. **Write down** their prayer requests.
3. **Pray** together over the prayer requests.

**Not sure what to pray? Pray this:** God, thank You for all the good things You've done for us. Please help us praise You. Fill us with Your joy! In Jesus' name, amen.

4. **If time allows**, kids **wear** their hats or **use** them as a megaphone to praise to God.

### Choose questions to ask during the activity.

1. **What things made Alissa, Mike, and Tony feel happy?** *Answers will vary.*
2. **What do you think will give Ray joy even though she's missing her friend?** *Answers will vary.*

*Please save questions on back for Small Group Discussion.*

### Check Out

1. **Talk about** earning points by returning the Challenge Card, and **continue decorating** party hats.
2. When a kid from your small group leaves, **say** something positive and specific to their family.
3. **Encourage** families to do the Challenge Card together.